

15. Delta Stundenlauf

Veranstalter: LSC DELTA Fitness Marchtrenk

Datum: Sonntag, 01. März 2026

Ergebnisliste: 1h U40w

Distanz 11,702 km

Schnitt 11,6 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	142	HACKL Andrea	1987	AUT	1h U40w	Dressurteam Equester	4R 1:00:46,75
		<i>Rd.1: 0:15:16,22</i>			<i>Rd.2: 0:15:10,36</i>	<i>Rd.3: 0:15:15,28</i>	<i>Rd.4: 0:15:04,88</i>
2.	108	FABIANOVA Ivana	1992	SVK	1h U40w	Thalheim bei Wels	4R 1:01:10,48
		<i>Rd.1: 0:15:30,00</i>			<i>Rd.2: 0:15:17,17</i>	<i>Rd.3: 0:15:31,99</i>	<i>Rd.4: 0:14:51,30</i>
3.	105	PARADEIS Christina	1994	AUT	1h U40w	Oftering	4R 1:07:25,89
		<i>Rd.1: 0:17:00,47</i>			<i>Rd.2: 0:16:44,54</i>	<i>Rd.3: 0:17:12,09</i>	<i>Rd.4: 0:16:28,78</i>
4.	102	LAGER Lisa	2009	AUT	1h U40w	Marchtrenk	4R 1:07:33,85
		<i>Rd.1: 0:15:51,05</i>			<i>Rd.2: 0:17:05,09</i>	<i>Rd.3: 0:17:49,08</i>	<i>Rd.4: 0:16:48,61</i>
5.	107	PENCA Monika	1994	CRO	1h U40w	Marchtrenk	4R 1:09:10,39
		<i>Rd.1: 0:16:42,36</i>			<i>Rd.2: 0:16:57,22</i>	<i>Rd.3: 0:18:07,07</i>	<i>Rd.4: 0:17:23,72</i>
6.	148	BAUER Manuel	1988	AUT	1h U40w	Marchtrenk	4R 1:10:35,88
		<i>Rd.1: 0:19:07,33</i>			<i>Rd.2: 0:17:35,90</i>	<i>Rd.3: 0:17:16,74</i>	<i>Rd.4: 0:16:35,90</i>
7.	101	SCHUSTER Sandra	1991	AUT	1h U40w	Team Rosenbauer	4R 1:12:51,54
		<i>Rd.1: 0:17:56,54</i>			<i>Rd.2: 0:17:54,53</i>	<i>Rd.3: 0:18:09,15</i>	<i>Rd.4: 0:18:51,31</i>
8.	106	VOLLERT Daniela	1993	AUT	1h U40w	Saiko	3R 54:12,29
		<i>Rd.1: 0:18:31,92</i>			<i>Rd.2: 0:17:59,61</i>	<i>Rd.3: 0:17:40,75</i>	
9.	103	WAHL Julia	1992	AUT	1h U40w	Team99	3R 55:44,86
		<i>Rd.1: 0:18:06,60</i>			<i>Rd.2: 0:18:40,37</i>	<i>Rd.3: 0:18:57,88</i>	
10.	109	KRAUS Amadea	2006	AUT	1h U40w	Steinhaus bei Wels	3R 58:35,42
		<i>Rd.1: 0:20:12,19</i>			<i>Rd.2: 0:19:18,93</i>	<i>Rd.3: 0:19:04,28</i>	
11.	104	STANGL Sarah	1998	AUT	1h U40w	Guglwald bewegt	3R 59:38,80
		<i>Rd.1: 0:18:28,56</i>			<i>Rd.2: 0:19:49,22</i>	<i>Rd.3: 0:21:21,01</i>	

Anzahl der Starter: 11

Ergebnisliste: 1h U40m

Distanz 14,628 km

Schnitt 12,6 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	111	KRAMBERGER-KAPLAN Josef	2008	AUT	1h U40m	SV Gallneukirchen	5R 1:09:26,24
		<i>Rd.1: 0:13:05,56</i>			<i>Rd.2: 0:13:52,22</i>	<i>Rd.3: 0:14:08,75</i>	<i>Rd.4: 0:14:02,53</i>
							<i>Rd.5: 0:14:17,17</i>
2.	158	STÖGER Gregor	1988	AUT	1h U40m	Union Pennewang	5R 1:11:58,27
		<i>Rd.1: 0:14:10,62</i>			<i>Rd.2: 0:14:15,84</i>	<i>Rd.3: 0:14:24,98</i>	<i>Rd.4: 0:14:30,65</i>
							<i>Rd.5: 0:14:36,17</i>
3.	110	MISRA Christopher	1992	AUT	1h U40m	Intersport	5R 1:12:53,43
		<i>Rd.1: 0:13:56,78</i>			<i>Rd.2: 0:14:26,99</i>	<i>Rd.3: 0:14:26,37</i>	<i>Rd.4: 0:14:54,15</i>
							<i>Rd.5: 0:15:09,12</i>
4.	117	ORTNER Michael	1993	AUT	1h U40m	Linz	4R 1:00:31,08
		<i>Rd.1: 0:15:04,95</i>			<i>Rd.2: 0:15:12,24</i>	<i>Rd.3: 0:15:12,66</i>	<i>Rd.4: 0:15:01,21</i>
5.	114	VOLLERT Johannes	1989	GER	1h U40m	Saiko	4R 1:02:35,62
		<i>Rd.1: 0:16:17,14</i>			<i>Rd.2: 0:15:46,29</i>	<i>Rd.3: 0:15:31,23</i>	<i>Rd.4: 0:15:00,95</i>
6.	115	WINKLER Dominik	1993	AUT	1h U40m	Marchtrenk	4R 1:03:55,77
		<i>Rd.1: 0:15:31,72</i>			<i>Rd.2: 0:15:23,80</i>	<i>Rd.3: 0:16:25,12</i>	<i>Rd.4: 0:16:35,11</i>
7.	121	ESSL Roman	1997	AUT	1h U40m	Marchtrenk	4R 1:05:19,82
		<i>Rd.1: 0:17:19,61</i>			<i>Rd.2: 0:16:32,64</i>	<i>Rd.3: 0:15:43,64</i>	<i>Rd.4: 0:15:43,91</i>
8.	120	TOMASEVIC Petar	1998	CRO	1h U40m	Marchtrenk	4R 1:05:38,50
		<i>Rd.1: 0:17:00,94</i>			<i>Rd.2: 0:16:15,96</i>	<i>Rd.3: 0:16:08,86</i>	<i>Rd.4: 0:16:12,72</i>
9.	113	TURNER Simon	1996	AUT	1h U40m	Enns	4R 1:08:58,81
		<i>Rd.1: 0:17:52,20</i>			<i>Rd.2: 0:17:21,02</i>	<i>Rd.3: 0:17:10,25</i>	<i>Rd.4: 0:16:35,33</i>
10.	116	PILIC Anton	1992	AUT	1h U40m	Marchtrenk	4R 1:09:36,76
		<i>Rd.1: 0:17:06,54</i>			<i>Rd.2: 0:17:11,54</i>	<i>Rd.3: 0:17:45,55</i>	<i>Rd.4: 0:17:33,13</i>
11.	118	BALASCH Alexander	1995	AUT	1h U40m	Buchkirchen	4R 1:14:14,34
		<i>Rd.1: 0:17:19,73</i>			<i>Rd.2: 0:17:41,19</i>	<i>Rd.3: 0:19:37,82</i>	<i>Rd.4: 0:19:35,59</i>
12.	157	SCHLAGER Christoph	1987	AUT	1h U40m	Marchtrenk	3R 53:32,30
		<i>Rd.1: 0:18:34,25</i>			<i>Rd.2: 0:17:46,22</i>	<i>Rd.3: 0:17:11,82</i>	
13.	119	SCHWARZLMÜLLER Christoph	1991	AUT	1h U40m	Marchtrenk	3R 55:39,47
		<i>Rd.1: 0:18:44,47</i>			<i>Rd.2: 0:18:24,50</i>	<i>Rd.3: 0:18:30,49</i>	
14.	112	PARADEIS Alexander	1994	AUT	1h U40m	Oftering	3R 56:42,10
		<i>Rd.1: 0:18:32,02</i>			<i>Rd.2: 0:19:13,09</i>	<i>Rd.3: 0:18:56,99</i>	

Anzahl der Starter: 14

Ergebnisliste: 1h 40-59w

Distanz 14,63 km

Schnitt 13,0 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	141	SENGSTBRATL Margit	1972	AUT	1h 40-59w	machspotPlucity	5R 1:07:18,31
		<i>Rd.1: 0:12:53,47</i>			<i>Rd.2: 0:13:05,55</i>	<i>Rd.3: 0:13:47,49</i>	<i>Rd.4: 0:13:48,71</i>
							<i>Rd.5: 0:13:43,09</i>
2.	136	HÖRBIGER Michaela	1978	AUT	1h 40-59w	ASKÖ Marchtrenk	4R 1:08:36,56
		<i>Rd.1: 0:16:19,82</i>			<i>Rd.2: 0:16:43,99</i>	<i>Rd.3: 0:17:25,07</i>	<i>Rd.4: 0:18:07,66</i>
3.	137	VILCINSCHI Otilia	1980	ROU	1h 40-59w	UltraPilz	4R 1:14:08,58
		<i>Rd.1: 0:18:52,07</i>			<i>Rd.2: 0:17:59,92</i>	<i>Rd.3: 0:18:29,72</i>	<i>Rd.4: 0:18:46,85</i>
4.	138	PACHNER Andrea	1972	AUT	1h 40-59w	Guglwald bewegt	4R 1:14:20,31
		<i>Rd.1: 0:18:32,85</i>			<i>Rd.2: 0:18:29,22</i>	<i>Rd.3: 0:18:34,55</i>	<i>Rd.4: 0:18:43,68</i>
5.	144	HEINISCH Martina	1985	AUT	1h 40-59w	Marchtrenk	4R 1:17:04,07
		<i>Rd.1: 0:18:54,01</i>			<i>Rd.2: 0:19:10,80</i>	<i>Rd.3: 0:20:01,40</i>	<i>Rd.4: 0:18:57,84</i>
6.	139	LICHTENMAYR Sandra	1984	AUT	1h 40-59w	Team99	3R 55:44,75
		<i>Rd.1: 0:18:06,39</i>			<i>Rd.2: 0:18:40,63</i>	<i>Rd.3: 0:18:57,73</i>	
7.	140	STANGL Anna	1972	AUT	1h 40-59w	Guglwald bewegt	3R 59:39,03
		<i>Rd.1: 0:18:39,16</i>			<i>Rd.2: 0:20:25,60</i>	<i>Rd.3: 0:20:34,27</i>	
8.	135	NEUHOFFER Sabine	1979	AUT	1h 40-59w	Sipbachzell	2R 52:54,16
		<i>Rd.1: 0:26:37,75</i>			<i>Rd.2: 0:26:16,40</i>		

Anzahl der Starter: 8

Nicht am Start: 1

Ergebnisliste: 1h 40-59m

Distanz 17,556 km

Schnitt 15,2 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	154	STÖGER David	1985	AUT	1h 40-59m	Union Pennewang	6R 1:09:11,66
		<i>Rd.1: 0:11:30,00</i>			<i>Rd.2: 0:11:36,06</i>	<i>Rd.3: 0:11:37,67</i>	<i>Rd.4: 0:11:30,03</i>
		<i>Rd.6: 0:11:26,91</i>					<i>Rd.5: 0:11:30,97</i>
2.	146	EHRNLEITNER Thomas	1982	AUT	1h 40-59m	LC MKW Hausruck	5R 1:01:41,12
		<i>Rd.1: 0:12:23,03</i>			<i>Rd.2: 0:12:24,79</i>	<i>Rd.3: 0:12:18,05</i>	<i>Rd.4: 0:12:26,31</i>
							<i>Rd.5: 0:12:08,92</i>
3.	134	BIRGLECHNER Gerald	1967	AUT	1h 40-59m	Erdinger Active Team	5R 1:05:59,34
		<i>Rd.1: 0:12:55,42</i>			<i>Rd.2: 0:13:04,21</i>	<i>Rd.3: 0:13:17,69</i>	<i>Rd.4: 0:13:18,42</i>
							<i>Rd.5: 0:13:23,58</i>
4.	156	HROUDA Thomas	1981	AUT	1h 40-59m	ASKÖ Laufwunder Steyr	5R 1:07:15,72
		<i>Rd.1: 0:12:58,66</i>			<i>Rd.2: 0:12:52,98</i>	<i>Rd.3: 0:13:31,91</i>	<i>Rd.4: 0:14:01,33</i>
							<i>Rd.5: 0:13:50,82</i>
5.	151	HEINISCH Florian	1986	AUT	1h 40-59m	Marchtrenk	5R 1:08:44,95
		<i>Rd.1: 0:14:13,97</i>			<i>Rd.2: 0:13:48,89</i>	<i>Rd.3: 0:13:43,69</i>	<i>Rd.4: 0:13:42,99</i>
							<i>Rd.5: 0:13:15,38</i>
6.	155	PRAML Sepp	1969	GER	1h 40-59m	WSV Otterskirchen	5R 1:11:20,70
		<i>Rd.1: 0:12:39,85</i>			<i>Rd.2: 0:13:29,39</i>	<i>Rd.3: 0:14:16,13</i>	<i>Rd.4: 0:14:46,92</i>
							<i>Rd.5: 0:16:08,39</i>
7.	147	HARUKSTEINER Patrick	1979	AUT	1h 40-59m	Taekwondo Marchtrenk	5R 1:14:43,46
		<i>Rd.1: 0:14:23,74</i>			<i>Rd.2: 0:14:41,33</i>	<i>Rd.3: 0:14:52,42</i>	<i>Rd.4: 0:15:13,45</i>
							<i>Rd.5: 0:15:32,50</i>
8.	126	BUCHGEHER Martin	1967	AUT	1h 40-59m	LINZ AG	4R 1:07:15,57
		<i>Rd.1: 0:17:05,75</i>			<i>Rd.2: 0:17:24,38</i>	<i>Rd.3: 0:16:48,36</i>	<i>Rd.4: 0:15:57,06</i>
9.	152	SADLEDER Thomas	1985	AUT	1h 40-59m	Marchtrenk	4R 1:08:59,14
		<i>Rd.1: 0:17:52,59</i>			<i>Rd.2: 0:17:20,90</i>	<i>Rd.3: 0:17:10,27</i>	<i>Rd.4: 0:16:35,37</i>
10.	125	PACHNER Markus	1968	AUT	1h 40-59m	Guglwald bewegt	4R 1:09:07,49
		<i>Rd.1: 0:16:10,04</i>			<i>Rd.2: 0:16:23,69</i>	<i>Rd.3: 0:17:55,27</i>	<i>Rd.4: 0:18:38,48</i>
11.	145	NEUHOFFER Klemens	1977	AUT	1h 40-59m	Sipbachzell	4R 1:18:56,81
		<i>Rd.1: 0:20:11,42</i>			<i>Rd.2: 0:19:16,71</i>	<i>Rd.3: 0:20:20,63</i>	<i>Rd.4: 0:19:08,04</i>
12.	149	GRUBER Andreas	1982	AUT	1h 40-59m	Gemeinde Kematen	4R 1:22:19,91
		<i>Rd.1: 0:18:34,11</i>			<i>Rd.2: 0:19:26,74</i>	<i>Rd.3: 0:21:10,48</i>	<i>Rd.4: 0:23:08,57</i>
13.	129	HOTZL Hermann	1968	AUT	1h 40-59m	Guglwald bewegt	3R 1:00:10,52
		<i>Rd.1: 0:18:48,40</i>			<i>Rd.2: 0:20:14,05</i>	<i>Rd.3: 0:21:08,06</i>	
14.	153	SCHÜTZENHOFER Christoph	1985	AUT	1h 40-59m	Gemeinde Kematen	3R 1:05:38,00
		<i>Rd.1: 0:21:00,83</i>			<i>Rd.2: 0:21:48,69</i>	<i>Rd.3: 0:22:48,47</i>	
15.	159	STEGH Bernhard	1984	AUT	1h 40-59m	Gesunde Gemeinde Marchtrenk	3R 1:17:08,06
		<i>Rd.1: 0:21:47,09</i>			<i>Rd.2: 0:25:52,54</i>	<i>Rd.3: 0:29:28,43</i>	

Anzahl der Starter: 15

Nicht am Start: 1

Ergebnisliste: 1h 60+ wDistanz 8,777 km
Schnitt 10,1 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	124	KOBLMÜLLER Maria	1964	AUT	1h 60+ w	AS Holzhausen	3R 51:59,15
		<i>Rd.1: 0:16:45,42</i>			<i>Rd.2: 0:17:21,72</i>	<i>Rd.3: 0:17:52,01</i>	
2.	122	HARTL Irene	1965	AUT	1h 60+ w	Neuhofen An Der Krems	3R 1:01:31,84
		<i>Rd.1: 0:20:39,11</i>			<i>Rd.2: 0:20:24,97</i>	<i>Rd.3: 0:20:27,75</i>	

Anzahl der Starter: 2

Nicht am Start: 1

Ergebnisliste: 1h 60+ mDistanz 11,702 km
Schnitt 10,4 km/h

Pl.	Nr	Name	Jg.	Nat.	Gruppe	Mannschaft	Zeit
1.	127	STINGEDER Franz	1966	AUT	1h 60+ m	Puchenau	4R 1:07:14,87
		<i>Rd.1: 0:17:05,85</i>			<i>Rd.2: 0:17:24,22</i>	<i>Rd.3: 0:16:49,28</i>	<i>Rd.4: 0:15:55,51</i>
2.	128	WAHL Peter	1959	AUT	1h 60+ m	Team99	3R 55:44,91
		<i>Rd.1: 0:18:06,83</i>			<i>Rd.2: 0:18:39,97</i>	<i>Rd.3: 0:18:58,10</i>	
3.	133	REISINGER Helmut	1961	AUT	1h 60+ m	AS Holzhausen	3R 1:06:49,15
		<i>Rd.1: 0:21:03,68</i>			<i>Rd.2: 0:22:29,28</i>	<i>Rd.3: 0:23:16,18</i>	
4.	132	HÖPOLTSEDER Hermann	1954	AUT	1h 60+ m	LSC DELTA Fitness Marchtrenk	3R 1:06:55,45
		<i>Rd.1: 0:21:47,05</i>			<i>Rd.2: 0:21:52,06</i>	<i>Rd.3: 0:23:16,33</i>	
5.	130	GREINÖCKER Michael	1961	AUT	1h 60+ m	Traun	3R 1:07:49,93
		<i>Rd.1: 0:20:38,99</i>			<i>Rd.2: 0:22:27,64</i>	<i>Rd.3: 0:24:43,30</i>	

Anzahl der Starter: 5

Nicht am Start: 1