

4. Scharnsteiner Abendmeile

Veranstalter: Gemeinde Scharnstein & LRC Almtal
Samstag, 7. August 2010

Ergebnisliste: Abendmeile

Distanz 6,6 km
Schnitt 3:02 min/km

Pl.	Nr.	Name	Jg.	Gruppe	Mannschaft	Zeit	
1.	3	SAMOEI Micah Kiplagat	1980	M30	run2gether	19:59,33	3:02 /km
2.	2	WANGARI Peter Chege	1987	M20	run2gether	20:33,24	[+0:33,91] 3:07 /km
3.	4	CHEBUSIT Christopher Kipchirchi	1979	M30	run2gether	20:57,76	[+0:58,43] 3:10 /km
4.	1	PFLÜGL Christian	1978	M30	SU IGLA Long life	21:07,12	[+1:07,79] 3:12 /km
5.	230	HAAS Christian	1977	M30	Team Zisser Enns	21:18,64	[+1:19,31] 3:14 /km
6.	5	KIARIE Stephen Ndungu	1979	M30	run2gether	21:54,02	[+1:54,69] 3:19 /km
7.	6	KREJCI Thomas	1972	M30	run2gether	22:07,96	[+2:08,63] 3:21 /km
8.	107	SUMMEREDER Christian	1964	M40	LC MKW Hausruck	22:36,01	[+2:36,68] 3:25 /km
9.	65	PUNKENHOFER Uwe	1979	M30	LC MKW Hausruck	22:40,62	[+2:41,29] 3:26 /km
10.	73	RIEDL Norbert	1975	M30	LC MKW Hausruck	22:46,72	[+2:47,39] 3:27 /km
11.	61	ZEHETNER Ernst	1974	M30	Sportunion Neukirchen bei Lamb	22:51,25	[+2:51,92] 3:28 /km
12.	26	RUMPOLD Daniel	1983	M20	ULC Gampern	23:06,04	[+3:06,71] 3:30 /km
13.	71	KURZBÖCK Christoph	1975	M30	LC MKW Hausruck	23:18,42	[+3:19,09] 3:32 /km
14.	194	HOLZLEINTER Heinrich	1964	M40	LCAV Doubrava	23:23,60	[+3:24,27] 3:33 /km
15.	101	TREZZINGER Franz	1967	M40	UNION Vorchdorf	23:37,42	[+3:38,09] 3:35 /km
16.	159	GUGL Josef	1958	M50	St.Marein	23:39,15	[+3:39,82] 3:35 /km
17.	59	WIESINGER Manfred	1973	M30	LC MKW Hausruck	23:49,74	[+3:50,41] 3:37 /km
18.	214	PERNKOPF Günther	1989	M20	Adidas Kuota Mauna Loa	23:57,36	[+3:58,03] 3:38 /km
19.	37	GATTERMANN Mark	1982	M20	LAG Genböck Haus Ried	24:02,59	[+4:03,26] 3:38 /km
20.	130	ZEINTL Andreas	1961	M40	Union Neuhofen / Krems	24:04,07	[+4:04,74] 3:39 /km
21.	125	OBERNDORFER Robert	1968	M40	Sportunion Neukirchen bei Lamb	24:07,44	[+4:08,11] 3:39 /km
22.	99	HARTL Hubert	1970	M40	UNION Vorchdorf	24:10,95	[+4:11,62] 3:40 /km
23.	236	TRDY Oliver	1972	M30	Racer Wels	24:19,01	[+4:19,68] 3:41 /km
24.	76	SCHUSTER Christian	1972	M30	TUS Kremsmünster	24:20,56	[+4:21,23] 3:41 /km
25.	126	LAUBER Erich	1962	M40	Sportunion Neukirchen bei Lamb	24:23,65	[+4:24,32] 3:42 /km
26.	165	BERNECKER Willi	1953	M50	LG Kirchdorf	24:28,28	[+4:28,95] 3:42 /km
27.	21	BUCHGEHER Reinhard	1988	M20	ASKÖ DELTA Fitness Marchtrenk	24:31,37	[+4:32,04] 3:43 /km
28.	235	RISY Wolfgang	1963	M40	ASK Nettingsdorf	24:38,70	[+4:39,37] 3:44 /km
29.	33	KATHAN Christoph	1981	M20	Linz	24:47,70	[+4:48,37] 3:45 /km
30.	82	STEINMAURER Gottfried	1976	M30	D&H Radsportteam Frankenburg	24:49,00	[+4:49,67] 3:46 /km
31.	32	VIECHTBAUER Kelmens	1982	M20	URC Grünau	24:50,64	[+4:51,31] 3:46 /km
32.	7	KOFLER Günter	1991	MU20	UNION Vorchdorf	25:04,48	[+5:05,15] 3:48 /km
33.	131	FLORIAN Rudolf	1962	M40	ASKÖ DELTA Fitness Marchtrenk	25:20,41	[+5:21,08] 3:50 /km
34.	85	KASTNER Manuela	1979	W30	Cofain699	25:26,02	[+5:26,69] 3:51 /km
35.	217	GRAFINGER Andreas	1970	M40	SU Laakirchen	25:47,90	[+5:48,57] 3:54 /km
36.	132	KOLLER Harald	1969	M40	Wolf System	25:49,32	[+5:49,99] 3:55 /km
37.	105	DEVECSAI Gabor	1968	M40	RC Grassinger Lambach	25:49,97	[+5:50,64] 3:55 /km
38.	22	BRINDL Bernhard	1986	M20	Sportunion Neukirchen bei Lamb	25:51,93	[+5:52,60] 3:55 /km
39.	158	SCHWARZBÖCK Johann	1959	M50	LCAV Doubrava	25:56,67	[+5:57,34] 3:56 /km
40.	98	HUBER Manfred	1969	M40	Bad Ischl	26:01,08	[+6:01,75] 3:57 /km
41.	169	NIEDERMAYR Harald	1958	M50	UNION Neuhofen	26:01,75	[+6:02,42] 3:57 /km
42.	96	RIESER Otto	1966	M40	BRP-Powertrain Running Team	26:07,25	[+6:07,92] 3:57 /km
43.	103	MERINGER Mag. Georg	1965	M40	ASKÖ DELTA Fitness Marchtrenk	26:21,51	[+6:22,18] 4:00 /km
44.	231	KUBISTA Erwin	1962	M40	LG Kirchdorf	26:23,20	[+6:23,87] 4:00 /km
45.	93	REITTER Roland	1969	M40	LRC P.Max Almtal	26:27,83	[+6:28,50] 4:00 /km
46.	186	REITER Johann	1950	M60	LRC P.Max Almtal	26:28,62	[+6:29,29] 4:01 /km
47.	133	WIESER Markus	1969	M40	UNION Vorchdorf	26:35,14	[+6:35,81] 4:02 /km
48.	34	HUEMER Florian	1982	M20	FF Scharnstein	26:40,40	[+6:41,07] 4:02 /km
49.	154	ETTLINGER Alfred	1958	M50	UNION Vorchdorf	26:43,30	[+6:43,97] 4:03 /km
50.	68	RADNER Günther	1975	M30	UNION Vorchdorf	26:48,93	[+6:49,60] 4:04 /km
51.	156	KOPPELHUBER Ernst	1951	M50	LC scharfes Eck Wels	27:21,78	[+7:22,45] 4:09 /km
52.	119	KIRCHSTEIGER Rudi	1965	M40	LC MKW Hausruck	27:22,56	[+7:23,23] 4:09 /km
53.	111	HINTERMAYR Erich	1969	M40	ASKÖ DELTA Fitness Marchtrenk	27:24,24	[+7:24,91] 4:09 /km
54.	52	DORNER Thomas	1972	M30	Sportunion Neukirchen bei Lamb	27:25,63	[+7:26,30] 4:09 /km
55.	75	ZEHETNER Günther	1978	M30	Sportunion Neukirchen bei Lamb	27:25,85	[+7:26,52] 4:09 /km

56.	237	FÜRWEGER Stefan	1979	M30	Wolf-System	"	"	"
57.	42	JURJAN Daniela	1984	W20	UNION Vorchdorf	27:32,06	[+7:32,73]	4:10 /km
58.	228	RAFFELBERGER Christian	1966	M40	Grünau	27:33,09	[+7:33,76]	4:10 /km
59.	57	STEINHEIMER Markus	1973	M30	www.TaeKwonDo4You.at Wels	27:36,07	[+7:36,74]	4:11 /km
60.	134	GANSER Alois	1964	M40	SU St. Peter / Wbg.	27:40,03	[+7:40,70]	4:12 /km
61.	77	KIMESWENGER Peter	1971	M30	LC scharfes Eck Wels	27:44,73	[+7:45,40]	4:12 /km
62.	124	PARZER Siegfried	1968	M40	Sportunion Neukirchen bei Lamb	27:45,88	[+7:46,55]	4:12 /km
63.	187	MOSER Robert	1947	M60	Ufm Charly Bruckmühl	27:48,67	[+7:49,34]	4:13 /km
64.	127	HÖDL Günther	1968	M40	LRC P.Max Almtal	27:49,44	[+7:50,11]	4:13 /km
65.	31	STOIBER Peter	1983	M20	Sportunion Neukirchen bei Lamb	27:52,11	[+7:52,78]	4:13 /km
66.	51	HAAS Verena	1985	W20	LAC Amateure Steyr	27:52,45	[+7:53,12]	4:13 /km
67.	63	BAMMER Dietmar	1977	M30	LRC P.Max Almtal	27:56,60	[+7:57,27]	4:14 /km
68.	215	WINTER Patrick	1985	M20	Patrick Winter Rallye Fitness Club	27:59,15	[+7:59,82]	4:14 /km
69.	24	BERNECKER Florian	1982	M20	Pettenbach, Oberösterreich	28:05,84	[+8:06,51]	4:15 /km
70.	113	HELTEN Helmut	1965	M40	LRC P.Max Almtal	28:11,93	[+8:12,60]	4:16 /km
71.	35	GRININGER Michael	1983	M20	Gschwandt bei Gmunden	28:14,63	[+8:15,30]	4:17 /km
72.	69	MITTERMAYR Michael	1978	M30	Zum Bäck	28:16,20	[+8:16,87]	4:17 /km
73.	94	KAISER Martin	1964	M40	ASKÖ DELTA Fitness Marchtrenk	28:23,49	[+8:24,16]	4:18 /km
74.	92	EBENFÜHRER Reini	1967	M40	LRC P.Max Almtal	28:25,62	[+8:26,29]	4:18 /km
75.	115	BAUMANN Hermann	1968	M40	SV Lacken	28:40,09	[+8:40,76]	4:21 /km
76.	233	HENINGER Markus	1992	MU20	TRV Radstudio Krems	28:40,87	[+8:41,54]	4:21 /km
77.	227	REITER Michael	1980	M30	LRC P.Max Almtal	28:43,75	[+8:44,42]	4:21 /km
78.	45	TRETTNER Eva	1983	W20	ASKÖ DELTA Fitness Marchtrenk	28:45,67	[+8:46,34]	4:21 /km
79.	89	GILLHOFER Elfriede	1973	W30	UNION Vorchdorf	29:01,80	[+9:02,47]	4:24 /km
80.	162	HARTMANN Manfred	1958	M50	ASKÖ DELTA Fitness Marchtrenk	29:07,18	[+9:07,85]	4:25 /km
81.	147	FREIMÜLLER Christine	1966	W40	ASKÖ Gunskirchen	29:10,04	[+9:10,71]	4:25 /km
82.	192	BLUM Wilhelm	1938	M70	SK VÖEST	29:10,27	[+9:10,94]	4:25 /km
83.	184	SONNTAGBAUER Rudolf	1948	M60	UNION Vorchdorf	29:10,92	[+9:11,59]	4:25 /km
84.	226	KAISER Jeremias	1991	MU20	ASKÖ DELTA Fitness Marchtrenk	29:11,30	[+9:11,97]	4:25 /km
85.	167	GASPERLMAIR Josef	1953	M50	UNION Vorchdorf	29:14,01	[+9:14,68]	4:26 /km
86.	170	STADLER Johann	1956	M50	Wolf System	29:15,55	[+9:16,22]	4:26 /km
87.	216	BLUSKA Andreas	1964	M40	RC Radclub Sereno	29:18,65	[+9:19,32]	4:26 /km
88.	118	MÖSENER Johann	1966	M40	Scharnstein	29:20,55	[+9:21,22]	4:27 /km
89.	86	WITSCHNIG Martina	1971	W30	ASKÖ DELTA Fitness Marchtrenk	29:21,25	[+9:21,92]	4:27 /km
90.	229	BAMMER Patrick	1979	M30	ASMAG	29:39,03	[+9:39,70]	4:30 /km
91.	79	HUMMER Christian	1979	M30	Linz, Donau	29:41,98	[+9:42,65]	4:30 /km
92.	41	GRUBER Anna	1982	W20	Wolfsegg am Hausruck	29:55,86	[+9:56,53]	4:32 /km
93.	123	HERNDLER Christian	1962	M40	Naturfreunde Scharnstein	29:57,44	[+9:58,11]	4:32 /km
94.	60	SCHEIBMAYR Stefan	1971	M30	rUn for fUn Pennewang	29:59,56	[+10:00,23]	4:33 /km
95.	120	DRACK Karl	1962	M40	WSV Volksbank Scharnstein	30:02,64	[+10:03,31]	4:33 /km
96.	163	FLESchLER Anton	1951	M50	ASKÖ DELTA Fitness Marchtrenk	30:03,47	[+10:04,14]	4:33 /km
97.	104	MASCHER Roland	1970	M40	Sportunion Neukirchen bei Lamb	30:05,82	[+10:06,49]	4:33 /km
98.	172	ITZENBERGER Elfriede	1960	W50	UNION Vorchdorf	30:05,93	[+10:06,60]	4:33 /km
99.	9	HUEMER David	1997	MU20	rUn for fUn pennewang	30:06,18	[+10:06,85]	4:34 /km
100.	174	PILZ Christine	1958	W50	ÖAMTC NOWA RC Schwanenstad	30:07,09	[+10:07,76]	4:34 /km
101.	17	KRONBERGER Anna	1993	WU20	LRC P.Max Almtal	30:18,45	[+10:19,12]	4:35 /km
102.	143	BAUMGARTNER Margit	1963	W40	UNION Vorchdorf	30:20,62	[+10:21,29]	4:36 /km
103.	116	WANSCH Wolfgang	1964	M40	TSV St. Georgen / Gusen	30:26,66	[+10:27,33]	4:37 /km
104.	218	AUINGER Peter	1964	M40	SU Laakirchen	30:41,33	[+10:42,00]	4:39 /km
105.	72	REISINGER Hannes	1980	M30	Sportverein Magistrat Linz	30:49,67	[+10:50,34]	4:40 /km
106.	166	HAMMERL Max	1957	M50	ASKÖ Gunskirchen	30:50,48	[+10:51,15]	4:40 /km
107.	84	PÖLL Anton	1979	M30	Wolf System	30:55,10	[+10:55,77]	4:41 /km
108.	64	DILLY Christian	1973	M30	LRC P.Max Almtal	30:57,52	[+10:58,19]	4:41 /km
109.	141	AUINGER Brigitte	1962	W40	SU Laakirchen	30:57,61	[+10:58,28]	4:41 /km
110.	67	MITTERMAYR Christoph	1976	M30	Scharnstein	31:00,25	[+11:00,92]	4:42 /km
111.	146	WALDHÖR Traudi	1963	W40	Naturfreunde Pettenbach	31:04,03	[+11:04,70]	4:42 /km
112.	164	HÖLZL Karl	1954	M50	LC Schiedel Kamine	31:22,55	[+11:23,22]	4:45 /km
113.	97	MAIR Josef	1962	M40	ASKÖ DELTA Fitness Marchtrenk	31:33,73	[+11:34,40]	4:47 /km
114.	176	KRATOCHWILL Margit	1958	W50	ASKÖ DELTA Fitness Marchtrenk	31:41,47	[+11:42,14]	4:48 /km
115.	81	BRUCKNER Andreas	1971	M30	Scharnstein	31:55,78	[+11:56,45]	4:50 /km
116.	129	SCHWARZENBRUNNER Ernst	1968	M40	Adlwang	31:56,44	[+11:57,11]	4:50 /km
117.	87	EDER Gisela	1976	W30	URC Grünau	32:00,52	[+12:01,19]	4:51 /km
118.	47	BICHLMANN Irene	1984	W20	Sportunion Neukirchen bei Lamb	32:13,82	[+12:14,49]	4:53 /km

119.	239	KNOCH Walter	1952	M50	Wartberg an der Krems	32:17,11 [+12:17,78]	4:53 /km
120.	189	TWERASER Erika	1944	W60	LC scharfes Eck Wels	32:41,10 [+12:41,77]	4:57 /km
121.	48	PUTZ Elisabeth	1990	W20	Bad Goisern	32:44,64 [+12:45,31]	4:58 /km
122.	185	REISCHL Josef	1950	M60	ASKÖ DELTA Fitness Marchtrenk	32:46,53 [+12:47,20]	4:58 /km
123.	223	BAMMER Wolfgang	1986	M20	BTM	32:46,97 [+12:47,64]	4:58 /km
124.	18	BUCHGEHER Christina	1993	WU20	ASKÖ DELTA Fitness Marchtrenk	32:50,25 [+12:50,92]	4:58 /km
125.	232	HOLZINGER Katharina	1989	W20	WSV Scharnstein	32:52,00 [+12:52,67]	4:59 /km
126.	83	BRAND Karl	1977	M30	Wolf System	32:55,28 [+12:55,95]	4:59 /km
127.	178	STULLER Martina	1955	W50	St. Konrad	33:12,72 [+13:13,39]	5:02 /km
128.	109	KRATOCHWILL Friedrich	1961	M40	ASKÖ DELTA Fitness Marchtrenk	33:26,77 [+13:27,44]	5:04 /km
129.	66	WILLINGER Thomas	1979	M30	LRC P.Max Almtal	33:30,57 [+13:31,24]	5:05 /km
130.	152	OPPENEDER Doris	1970	W40	UNION Vorchdorf	33:32,31 [+13:32,98]	5:05 /km
131.	74	SCHACHHUBER Klaus	1979	M30	DSIA	33:36,07 [+13:36,74]	5:05 /km
132.	122	RAFFELBERGER Rudolf	1968	M40	DSIA	33:36,16 [+13:36,83]	5:05 /km
133.	183	DEIXLER Ferdinand	1942	M60	Roadrunners Wels	33:38,36 [+13:39,03]	5:06 /km
134.	54	BALINT Christian	1972	M30	Laakirchen	33:38,65 [+13:39,32]	5:06 /km
135.	136	SOMMERAUER Markus	1963	M40	DSIA	33:41,12 [+13:41,79]	5:06 /km
136.	117	WANSCH Walter	1966	M40	TSV St. Georgen / Gusen	33:51,25 [+13:51,92]	5:08 /km
137.	240	GOLLINGER Elisabeth	1986	W20	Vorchdorf	33:55,55 [+13:56,22]	5:08 /km
138.	168	STÄUDELMAJR Johannes	1953	M50	Schärding	33:58,97 [+13:59,64]	5:09 /km
139.	128	STEINBRUCKNER Günther	1963	M40	LC MKW Hausruck	34:06,91 [+14:07,58]	5:10 /km
140.	28	SEIRINGER Herbert	1984	M20	EDV Seiringer	34:18,48 [+14:19,15]	5:12 /km
141.	145	MOSER Brigitte	1966	W40	Lidauer	34:29,90 [+14:30,57]	5:13 /km
142.	234	HENINGER Leopold Dr.	1965	M40	TRV Radstudio Krems	34:43,05 [+14:43,72]	5:16 /km
143.	27	WIMROITHER Klaus	1989	M20	Lidauer	34:47,40 [+14:48,07]	5:16 /km
144.	13	STEINHÄUSLER Philipp	1993	MU20	LRC P.Max Almtal	35:04,74 [+15:05,41]	5:19 /km
145.	16	KRONBERGER Lisa	1992	WU20	LRC P.Max Almtal	35:04,79 [+15:05,46]	5:19 /km
146.	148	SCHIROKY Ulrike	1967	W40	ASKÖ DELTA Fitness Marchtrenk	35:11,88 [+15:12,55]	5:20 /km
147.	14	OBERNDORFER Jonas	1998	MU20	Sportunion Neukirchen bei Lamb	35:12,47 [+15:13,14]	5:20 /km
148.	173	FISCHL Agnes	1957	W50	ASKÖ DELTA Fitness Marchtrenk	35:17,12 [+15:17,79]	5:21 /km
149.	142	BATORI Regina	1962	W40	ASKÖ DELTA Fitness Marchtrenk	35:17,69 [+15:18,36]	5:21 /km
150.	100	KRENNHUBER Karl	1965	M40	ASKÖ DELTA Fitness Marchtrenk	35:20,55 [+15:21,22]	5:21 /km
151.	108	GILLESBERGER Karl	1965	M40	Carvatech	35:21,60 [+15:22,27]	5:21 /km
152.	225	ECKSCHLAGER Erwald	1967	M40	rUn for fUn Pennewang	35:28,40 [+15:29,07]	5:22 /km
153.	188	TRAUTMANN Berta	1949	W60	UNION Vorchdorf	35:32,09 [+15:32,76]	5:23 /km
154.	43	KRONBERGER Daniela	1981	W20	LRC P.Max Almtal	35:44,40 [+15:45,07]	5:25 /km
155.	182	SOMMERAUER Waltraud	1958	W50	DSIA	35:54,68 [+15:55,35]	5:26 /km
156.	114	MEISEL Eduard	1965	M40	Buchkirchen	35:58,98 [+15:59,65]	5:27 /km
157.	139	HIMPSL Martina	1968	W40	ASKÖ DELTA Fitness Marchtrenk	36:08,44 [+16:09,11]	5:28 /km
158.	151	KRENN Anita	1967	W40	Team Sport Lichtenegger	36:40,24 [+16:40,91]	5:33 /km
159.	62	PROKSCH Udo	1978	M30	Pfadfinder Hörsching	36:45,58 [+16:46,25]	5:34 /km
160.	190	KAINDLSTORFER Angela	1946	W60	ASKÖ DELTA Fitness Marchtrenk	36:54,89 [+16:55,56]	5:35 /km
161.	177	WAGENLEITHNER Martha	1956	W50	LG Kirchdorf	36:58,34 [+16:59,01]	5:36 /km
162.	80	AUINGER Lukas	1975	M30	Gmunden	37:41,02 [+17:41,69]	5:43 /km
163.	137	AUINGER Josef	1963	M40	DSIA	37:57,17 [+17:57,84]	5:45 /km
164.	19	KRONBERGER Julila	1991	WU20	LRC P.Max Almtal	38:01,99 [+18:02,66]	5:46 /km
165.	191	HINTERMAYR Walter	1935	M70	ASKÖ DELTA Fitness Marchtrenk	38:13,88 [+18:14,55]	5:47 /km
166.	219	GRILL-KIEFER Jutta	1966	W40	SU Laakirchen	38:31,93 [+18:32,60]	5:50 /km
167.	49	LICHTENEGGER Carina	1989	W20	Bad Goisern	39:39,40 [+19:40,07]	6:00 /km
168.	88	NAGL Andrea	1975	W30	ASKÖ DELTA Fitness Marchtrenk	39:57,78 [+19:58,45]	6:03 /km
169.	46	KOFLER Sylvia	1986	W20	Gmunden	40:02,19 [+20:02,86]	6:04 /km
170.	238	KNOCH Thomas	1972	M30	Vorchdorf	41:24,85 [+21:25,52]	6:16 /km
171.	95	HIMPSL Alfred	1964	M40	ASKÖ DELTA Fitness Marchtrenk	41:26,09 [+21:26,76]	6:17 /km
172.	175	RASER Pia	1952	W50	Askö Gmunden	41:48,52 [+21:49,19]	6:20 /km
173.	15	WALDHÖR Sybille	1992	WU20	ASKÖ Laakirchen	41:51,91 [+21:52,58]	6:20 /km
174.	149	STERNAD Gerda	1965	W40	ASKÖ DELTA Fitness Marchtrenk	42:03,29 [+22:03,96]	6:22 /km
175.	140	MAIR Erika	1964	W40	ASKÖ DELTA Fitness Marchtrenk	45:38,44 [+25:39,11]	6:55 /km
176.	181	EDLBAUER Gerlinde	1957	W50	ASKÖ DELTA Fitness Marchtrenk	45:52,28 [+25:52,95]	6:57 /km

Anzahl der Starter: 179

Ausgeschiedene Läufer: 3

